



**23RD ANNUAL
LEGISLATIVE BREAKFAST**



Aging and Disability Consortium
of the Greater North Shore

INDEPENDENT LIVING CENTER OF THE
NORTH SHORE & CAPE ANN, INC.
WITH THE
AGING AND DISABILITY
RESOURCE CONSORTIUM OF THE
GREATER NORTH SHORE

**20 YEARS OF ADA:
WHERE ARE WE AND NEXT STEPS**

MAY 14, 2010

9:00 AM TO 11:30 AM

SALEM WATERFRONT HOTEL & MARINA

Legislative Breakfast Co-Hosts

Congressman John Tierney

Senator Fred Berry

Representative John Keenan

Mayor Kimberley Driscoll

Good morning! Today we gather to recognize 20 Years of civil rights by US citizens who have disabilities. As you all are aware, this historic legislation, the Americans with Disabilities Act (ADA) was signed on July 26, 1990 by President George Bush. Senator Kennedy and Senator Harkin were major crafters of this legislation with key leaders in the Independent Living Movement. Today we are 20 years since this legislation was signed and we have seen much progress. Yet there is still more to be done to implement the erasure of barriers in our communities physical structures, employment, housing, and communication systems to insure that all citizens have access to community services, activities, and supports to live as independently as they choose.

The twenty five municipalities on the North Shore and Cape Ann, served by the ILCNSCA and the Aging and Disability Resource Consortium of the Greater North Shore have been asked to give us an update on their status of implementation of the ADA. We have published their responses in this program. On July 30 at Winter Island, Salem, MA we will have a celebration BBQ. A flyer on this event is at the information table. Take one and register for this exciting event or go to www.ilcnsca.org, events section to RSVP.

On September 24, 2010 the Aging and Disability Resource Consortium of the Greater North Shore will be holding its 4th Annual Conference, Choices for Change: Accessible Transportation for all. Please attend. Check out www.adrcgns.org for registration.

Thank you for attending today, *Mary Margaret Moore*

Welcome

John F. Raycroft, *President, ILCNSCA Board of Directors*

Importance to All of Us Today

Mary Margaret Moore, *Executive Director, ILCNSCA*

ADRC of GNS

Paul Lanzikos, *Executive Director, NSES*

Congressional Perspective

Congressman John Tierney

MA Legislature Perspective

Representative John Keenan

Senator Fred Berry

Municipal Perspective

Mayor Kimberly Driscoll, City of Salem

State Agency Speakers

Dr. Jean McGuire, *Asst. Secretary for Disability Policy and Programs, Executive Office of Health and Human Services*

Myra Berloff, *Director, Massachusetts Office on Disability*

Charles Carr, *Commissioner, Massachusetts Rehabilitation Commission*

Independent Living Perspective

Steve Higgins, *Coordinator, Statewide Independent Living Council*

PCA Perspective

Rebecca Gutman, *1199 SEIU*

Certificate of Appreciation

State Representative Mary E. Grant

Paul Lanzikos and Mary Margaret Moore, Presenters

State Representative Mary E. Grant is the recipient of a Certificate of Appreciation from the Independent Living Center of the North Shore and Cape Ann, Inc. and the Aging and Disability Resource Consortium of the Greater North Shore for her service to individuals with disabilities and seniors during her role in the MA Legislature since January 2003 in our Sixth Essex district. We wish her good luck in her next endeavors.

Award Recipients:

Gil Adrien Advocacy Award:

Carol Menton

Joan Adrien and Shawn McDuff , Presenters

**Lynn Disability Commission Planning
Committee comprised of**

Mary Dennesen

Steven Hunter

Sarah MacIsaac

Mary Ann Murray

Karen Nicholl-Bunting

Jack Suslak

Joan Adrien and Shawn McDuff, Presenters

Employer of Year Award

Market Basket, Gloucester

Bob Coughlin, Director, MRC Salem Office, Presenter

Leavitt Award

Lloyd Caswell

Shawn McDuff, Presenter

20 Years of ADA: What Has Been Accomplished Survey Results May 2010

City/Town	Grievance Procedure	Designated ADA Coordinator	Self Evaluation	Transition Plan
Beverly	Yes	Yes	Yes	Yes
Danvers	Yes	Yes	Yes	Yes
Essex	Yes	Yes	Yes	Not Yet
Gloucester	DNR	DNR	DNR	DNR
Hamilton	DNR	DNR	DNR	DNR
Ipswich	DNR	DNR	DNR	DNR
Lynn	Yes	Yes	Not Yet	Not Yet
Lynnfield	Not Yet	Not Yet	Not Yet	Not Yet
Manchester	DNR	DNR	DNR	DNR
Marblehead	Yes	Yes	Yes	Yes
Melrose	DNR	DNR	DNR	DNR
Middleton	DNR	DNR	DNR	DNR
Nahant	Yes	Yes	Yes	Yes
North Reading	DNR	DNR	DNR	DNR
Peabody	Yes	Yes	Yes	Yes
Reading	Yes	Yes	Yes	Yes
Rockport	Yes	Yes	Not Yet	Not Yet
Rowley	DNR	DNR	DNR	DNR
Salem	Yes	Yes	Yes	Yes
Saugus	Yes	Yes	Yes	Yes
Stoneham	DNR	DNR	DNR	DNR
Swampscott	Not Yet	Yes	Not Yet	Not Yet
Topsfield	DNR	DNR	DNR	DNR
Wakefield	DNR	DNR	DNR	DNR
Wenham	Not Yet	Yes	Not Yet	Not Yet

DNR=Did Not Respond to ILCNSCA March 15, 2010 Survey Letter

ADA Accomplishments in North Shore and Cape Ann Municipalities

In preparation for this 23rd Annual Legislative Breakfast, the Independent Living Center of the North Shore and Cape Ann, Inc. mailed a survey in mid-March to each of the 25 municipalities in the ILCNSCA service area to gather information on the accomplishments made by municipalities in regards to ADA compliance. The ADA mandates that cities and towns needed to complete the following by 1993: Adopt a grievance procedure notifying citizens with disabilities their right to non-discrimination; designate an ADA Coordinator to coordinate survey and compliance efforts and handle discrimination complaints; conduct a self-evaluation of municipal programs, policies, services, buildings to pinpoint areas that may present programmatic and/or architectural barriers; develop an ADA Transition Plan to guide the municipality in removing those programmatic and/or architectural barriers with the timeline for completion.

As you read on the previous page, ILCNSCA received completed surveys for 14 of 25 municipalities. Below are highlights of other accomplishments made by municipalities:

Beverly- Increase in affordable and accessible housing; purchase of a TTY for the Beverly library; installation of assistive listening system to the City Council chambers, Council on Aging, elementary and middle schools; curb cut improvements; development of fully accessible playground at the North Beverly Elementary School.

Danvers- Partnered with police to fund and implement Project Lifesaver; created a temporary handicap placard program for those temporarily disabled (i.e. broken leg); participated with police and Senior Center on The Disability Indicator Program.

Lynn- The Lynn Housing Authority and Neighborhood Development accomplished the following: entered agreement with the ILCNSCA to create a set aside of 10 Housing Choice Vouchers for use by disabled individuals and families; entered into a Voluntary Compliance Agreement with HUD Boston to convert a number of existing units into a formal accessible housing; was awarded a grant of over \$1 million to facilitate the conversion of existing units to accessible units. In April 2010, Lynn City Council adopted MGL Ch 40 to create a Commission on Disability.

Marblehead- 27 units of affordable housing were created plus another 12 have been permitted; 40 B Housing – 3 projects in last 10 years; 3 complete school overhauls in the past 10 years; in process of overhaul or complete rebuild of existing elementary school; Council on Aging transports people under 60 with disabilities, following the same requirements for Seniors; Member of Disabilities Commission attends Council on Aging meetings on a regular basis.

Peabody- Increased accessible sidewalks throughout City; had significant completion of Peabody High School accessibility renovations.

Reading- Increased Affordable, Accessible, Available housing and transportation.

Rockport- Installed ramps and accessible restrooms, upgraded and installed a new elevator.

Salem- Installed/repared curb cuts and modernized cobblestoned crosswalks throughout the downtown, making all of the downtown sidewalks accessible; CDBG monies available for zero-interest loans for homeowners to make home accessible and for qualified business owners to make their businesses accessible; CDBG funds help fund public service programs for persons with disabilities, including ILCNSCA who provided workshops on housing rights and obtaining accessible housing; Specialized computer software and hardware was purchased for the Salem Public Library to assist computer users who are visually impaired; Presently, a new elevator is being installed and the accessible restroom is being upgraded in City Hall with anticipated completion date is the summer of 2010.

Swampscott- In May 2007, Town Meeting adopted MGL Ch 40 to create a Commission on Disability.

Wenham- Operates a shared van service for seniors and disabled residents; established an Affordable Housing Trust and provided over \$1M funding to the trust for property acquisitions.

Funding Priorities FY'11 From the Eleven Independent Living Center in MA

Keeping people with disabilities in the community!

Below are key programs supported by the eleven independent living centers in Massachusetts.

Mass. Rehab. Commission Homemaker Program (line item 4120-5000): A little help goes a long way; this program helps many disabled persons, a majority with brain injury, mental health or cognitive disabilities, to be safe in their own homes and to work. The average client receives only 3-4 hours service a week, which doesn't sound like much, but this program serves individuals who can't get services anywhere else, as they fall short of the eligibility criteria for DMH, DDS, and the PCA program. **Without these services, many persons could lose their tenancies and become homeless, suffer from deteriorating health, or need acute and/or psychiatric hospitalizations.** Even small cuts result in major disruptions. New referrals stopped as of 6/3/09 with over 150 on the wait list, and those 150 are *still* on the wait list. **Please restore funding to at least the FY 10 level: \$5,103,518 (an increase of \$1,346,399).**

Alternative Housing Voucher Program (AHVP) (line item 7004-9030): This program provides housing vouchers for very low-income persons with disabilities. When many state-subsidized units were designated "elder only" housing, it had the effect of reducing the number of units available to younger folks with disabilities. The AHVP was created to make up for that loss, and a commitment was made to serve 800 households in 1995. However, frequent funding reductions and inflation means only 375 families are being served, despite the state's *legal commitment* (MA Olmstead Plan) to provide community-based housing for persons with disabilities. The AHVP program requires **\$3.45 million** to maintain the number of vouchers served at the beginning of FY 10.

Massachusetts Rental Voucher Program (MRVP) (line item 7004-9024): The MRVP provides vouchers for low-income families and elderly persons. MRVP is one of the most effective tools to immediately address

the excessive demand on shelters and help families, *many who have a member with a disability*. The average income of MRVP families is just \$11,000, so *cuts to this program lead directly to homelessness*. If this program had been funded sufficiently In FY 10 to provide another 2,000 vouchers for families leaving shelters (cost would have been \$22 M) the emergency assistance program would not have needed a supplemental budget appropriation (cost: \$41.9 million) because these 2,000 additional families could have been housed instead of sheltered. We request that MRVP be funded at **\$35.4 million** to fund 5,247 existing vouchers this year.

Massachusetts PCA Program and MassHealth: The state's Personal Care Attendant program provides invaluable services to over 18,500 people with disabilities in the state, including seniors and children. PCAs keep people out of nursing homes and enable working-age people to hold jobs. The program was slated for cuts at one point; we ask for continued full funding for the PCA program, including for the PCA contract.

Massachusetts Independent Living Centers (line item 4120-4000): The state's ILCs serve nearly 20,000 people a year, assisting disabled individuals to move out of nursing homes, find jobs, secure housing, obtain benefits, and otherwise live productive lives. In addition, approximately 70% of center staff are people with disabilities. **We recommend level funding for the centers.**

For more information contact: **Mary Margaret Moore, Executive Director or Shawn McDuff, Director, Access and Advocacy at 978-741-0077 x. 100 or x. 140, Independent Living Center of the North Shore and Cape Ann, Inc. (ILCNCSA)**

Ad Lib (Pittsfield), Boston Center for Independent Living, Center for Living and Working (Worcester), CORD (Hyannis), Independence Associates (Brockton), Independent Living Center of the North Shore & Cape Ann, Inc. (Salem), MetroWest CIL (Framingham), Multicultural ILC of Boston, Northeast Independent Living Program (Lawrence), Southeast Center for Independent Living (Fall River), Stavros (Springfield and Amherst)

ONE FY'10 LONG TERM CARE OPTIONS PROGRAM VIGNETTE

Date: 09/32/09-11/6/09

Written by: Jillian O'Brien, Long Term Care Options Program Coordinator

Consumer's First name: Shannon

Age: 53

City or town of residence: Beverly

Referred by: Acquaintance

Services requested and why:

Shannon was admitted to a Nursing Home because of complications from heart surgery that resulted in affecting her spinal cord and as a result she is quadriplegic. Shannon was at this facility for three years and thought she would have to be at this facility forever. Shannon requested options from the Long Term Care Options Program that may help her return to the community but didn't want the Nursing facility to know that she was receiving these services.

What services were provided and by whom:

Jillian O'Brien, Long Term Care Options Coordinator at Independent Living Center of the North Shore and Cape Ann provided Long Term Care Options services. She met with Shannon and learned from Shannon information on her hopes, needs and economics. According to the dialog during that meeting Ms. O'Brien explained a variety of options, and local agencies which might meet Shannon's needs. She gave Shannon handouts and contact information on those resources and options that may be helpful in aiding Shannon's return to the community.

Specifically, Ms. O'Brien explained ILCNSCA then Personal Care Assistance services and provided Shannon with Boston Center for Independent Living and North East Arc's contact information. Since Shannon will need furnishings and other household items Ms. O'Brien told her about Catholic Charities, Mission of Deeds, and ILCNSCA's Title 7 Part B Funding. Ms. O'Brien also told Shannon of assistive devices and equipment, told her about MassMatch and then about the different Assistive Technology Loan Pro-

grams. Ms. O'Brien explained housing options such as supportive, congregate, subsidized, non-subsidized low income and Section 8. Ms. O'Brien also explained the supplemental nutrition program offered through Department of Transitional Assistance. Ms. O'Brien also provided Shannon with a Long Term Care Options folder that included handouts, descriptions and contact information of the above resources and agencies. Shannon then requested a Peer Guide through ILCNSCA to help her in the moving out process (filling out applications for housing and applying for other services). Ms. O'Brien referred Shannon to a Peer Guide for Independent Living Comprehensive Services.

Follow up:

At the time of follow up Shannon was awaiting housing and was looking into assistive devices that may be helpful to her. Shannon has planned to contact North East Arc to apply for Personal Care Services. Shannon has also planned to contact the Department of Transitional Assistance to apply for the Nutritional Supplement Program. Shannon is working with a Peer Guide and plans on applying for Title 7 Part B funding as well as assistance through Catholic Charities and Mission of Deed's for household items as soon as she acquires housing. Shannon said that she "most definitely" felt that we treated her respectfully, that the referrals given were appropriate. and we understood her needs. She also said that she would not have known about these services had we not told her and that she is so excited to have a chance to move back into her own home.

How did these services improve the consumer's daily living:

Shannon seemed pleased to learn about all these services that can support her in returning and remaining in the community. She now can apply for the appropriate services when she acquires housing and moves out of the Nursing Home.

**Long Term Care Options is a Program of the
ADRC of the Greater North Shore.
Pick up our brochure at the
Information Table Today!**

ONE FY'10 ILCNSCA VIGNETTE

Date: August 2010 to present

Written by: Jean Rockett, Community Transition Coordinator and Peer Guide, ILCNSCA

Consumer's First name: Peter **Age:** 56 years

City or town of residence: Salem, MA

Services requested and why:

This man is a veteran with a quadriplegic incomplete spinal cord injury and he depends upon a manual wheelchair for mobility. He has been living with his sister whose home is not accessible. While living there, each day he crawls up a full flight of stairs to his bedroom which is located on the second floor. He has reported falling numerous times.

A letter from his physician confirms it is not medically safe for him to continue living at his sister's residence. The consumer is afraid that he is at risk of being admitted to a nursing home or rehabilitation facility or becoming homeless. He asked for assistance from ILCNSCA to locate affordable, accessible housing in any North Shore community where he could be both independent and medically safe.

What services were provided and by whom:

ILCNSCA Skills Training: Jean Rockett, as Peter's Peer Guide, helped the consumer apply for funding to acquire a bed and kitchen set.

ILCNSCA Peer Counseling: Jean Rockett, as Peter's Peer Guide, assisted the consumer to cope and reframe the sometimes frustrating bureaucratic barriers to applying for and obtaining housing and furnishings from government subsidized agencies.

ILCNSCA Service Coordination: Jean Rockett, as Peter's Peer Guide, helped Peter understand and to complete fully and accurately many complex forms and to communicate effectively back and forth with various agencies, via fax, phone, e-mail, etc. Some of those agencies are:

Department of Veterans Affairs, VA Boston Healthcare System, Spinal
Cord Injury Service and Medical Affairs Division;
Salem Harbor Community Development Corporation;
Community Teamwork Inc..

Peter is still awaiting approval from Community Teamwork Inc. for an accessible unit he has identified provided by Salem Community Development Corporation.

How did these services improve the consumer's daily living?

After moving to the apartment, Peter will be able to live in a place safely and more independently. This will include:

Living and socializing in the privacy of his own home/apartment with kitchen furniture and bed purchases from work with ILCNSCA from federal Title VII Part B funding.

Choose to nap, read the newspaper, and watch television in his apartment when and if he chooses.

Leave his home/apartment to go out shopping, for appointments, visiting with family and friends and having fun whenever he chooses

Use his wheelchair to move independently around the apartment, his home, including to and from his bedroom, with out fear on falling or needing to crawl.

Cooking his meals in a fully accessible kitchen.



The Independent Living Center of the North Shore and Cape Ann, Inc. is committed to freeing our brothers and sisters from involuntary incarceration in institutions as well as guiding our brothers and sisters to obtain what they require to live safely and independently in the community.

ILCNSCA '10 Highlights

Long Term Care Options Program hits its stride! ILCNSCA is one of three test sites for this ADRC program started in mid'09 as a result of Ch. 211 Equal Choice Act, pre-admission counseling initiative to prevent uninformed selection of nursing home admission by many citizens.

Further development and kick off of the All People Accessible Business Project, which is recruiting and training volunteers this Spring for surveying retail, office, entertainment, and restaurant businesses in light of compliance with ADA and 521CMR.

Transition of 14 individuals from nursing homes and other institutions to community living with necessary services and supports for independent living.

3rd Annual Benefit Concert at Knights of Columbus, Salem, MA in September, 2009.

Group advocacy support to Lynn Disability Commission Planning Committee.

Recovery Learning Center of the Northeast partner for Peer Facilitator training at ILCNSCA main office and site for monthly Peer Support Group.

City of Salem Community Development Block Grant recipient (for 9th year) educating Salem residents on Housing Rights and Housing Resources.

ADRC of GNS '10 Highlights

First funded program of the ADRC of Greater North Shore as test site of the Long Term Care Options Program, with Greater Lynn Senior Services as lead, and ILCNSCA as partner.

3rd Annual ADRC of GNS conference in September, 2009 on Assistive Technology.

Expansion of the Greater North Shore On The Move Transportation Taskforce resulting in four transportation projects, and upcoming 4th Annual ADRC of GNS conference Choices for Change: Accessible Transportation For All.

Development of ADRC of GNS web page at www.adrcgns.org

Expansion of ADRC Steering Committee members

The Aging and Disability Resource Consortium of the Greater North Shore (ADRC of GNS) is a collaboration of aging services agencies and the independent living center working together to provide smooth access to information and services by all persons seeking long-term services and supports, regardless of age, disability or income.

ADRC of GNS provides a 'No Wrong Door' model so callers can contact any agency to access resources from all of the partners.

**Lead Agency Partners in the
ADRC of the of GNS**



Aging and Disability Consortium
of the Greater North Shore

Elder Service Plan of the North Shore

Main Telephone: 781-715-6608

Greater Lynn Senior Services

Main Telephone: 781-599-0110

Email: info@glss.net

Independent Living Center of the North Shore and Cape Ann

Main Telephone: 978-741-0077 TTY: 978-745-1735

Email: information@ilcnsca.org

Mystic Valley Elder Services

Main Telephone: 781-324-7705

Email: info@mves.org

North Shore Elder Services

Main Telephone: 978-750-4540 TTY: 978-624-2244

Email: info@nselder.org

SeniorCare

Main Telephone: 978-281-1750 TTY: 978-282-1836

Email: srcare@seniorcareinc.org